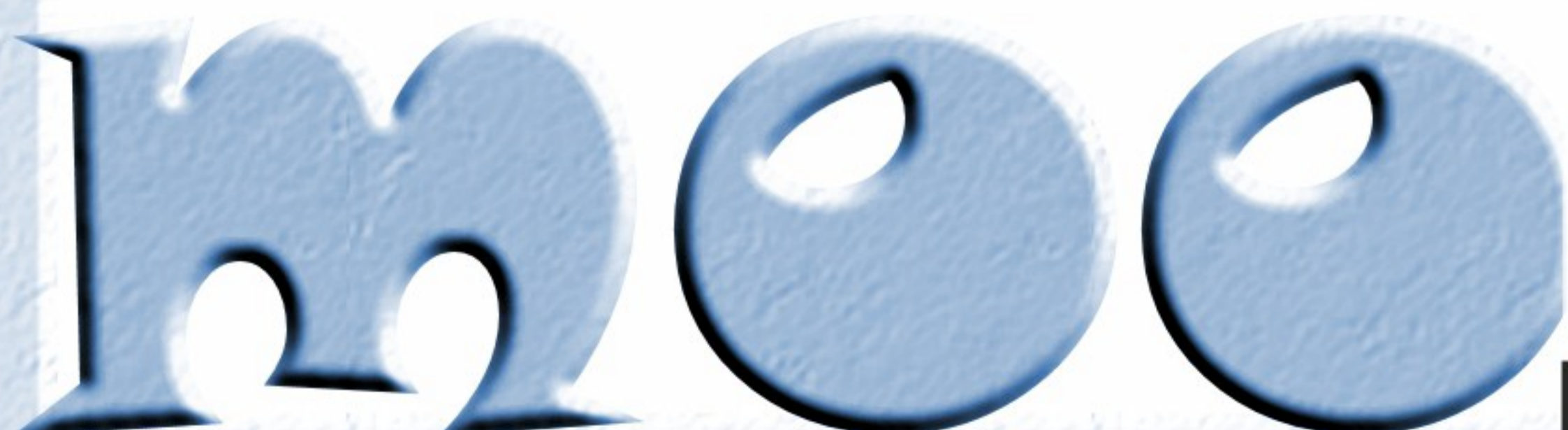
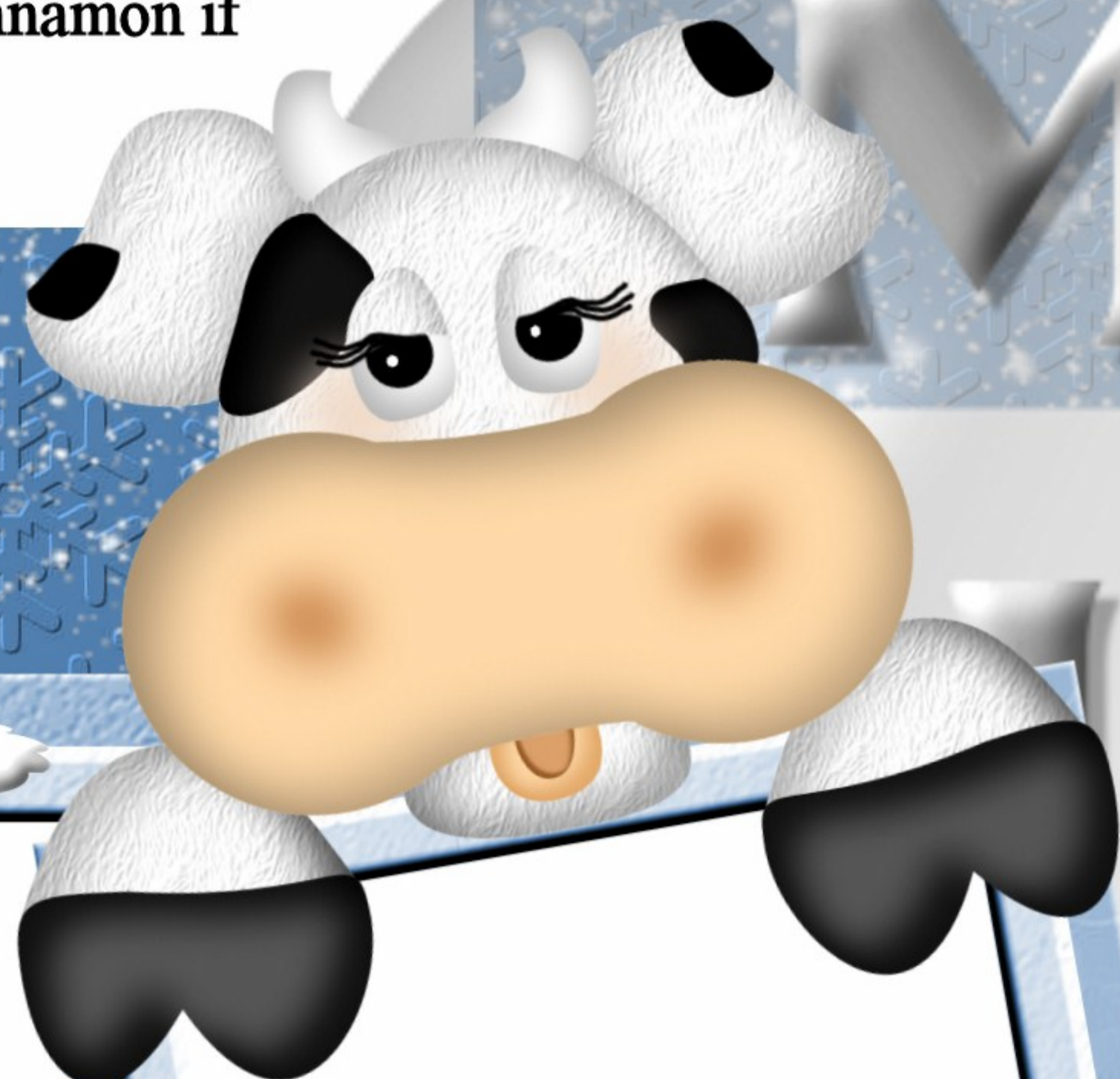


Cinnamon Banana Milk

- 1 large ripe banana
- 1 cup milk
- 1/2 teaspoon sugar
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon cinnamon
- 1 small container banana yogurt



Place everything in a blender and process until smooth.
Pour into glass and sprinkle the top with cinnamon if desired. Serve immediately.



K^W

Spice Company

Cinnamon

Net Wt 1.5 oz

42 g

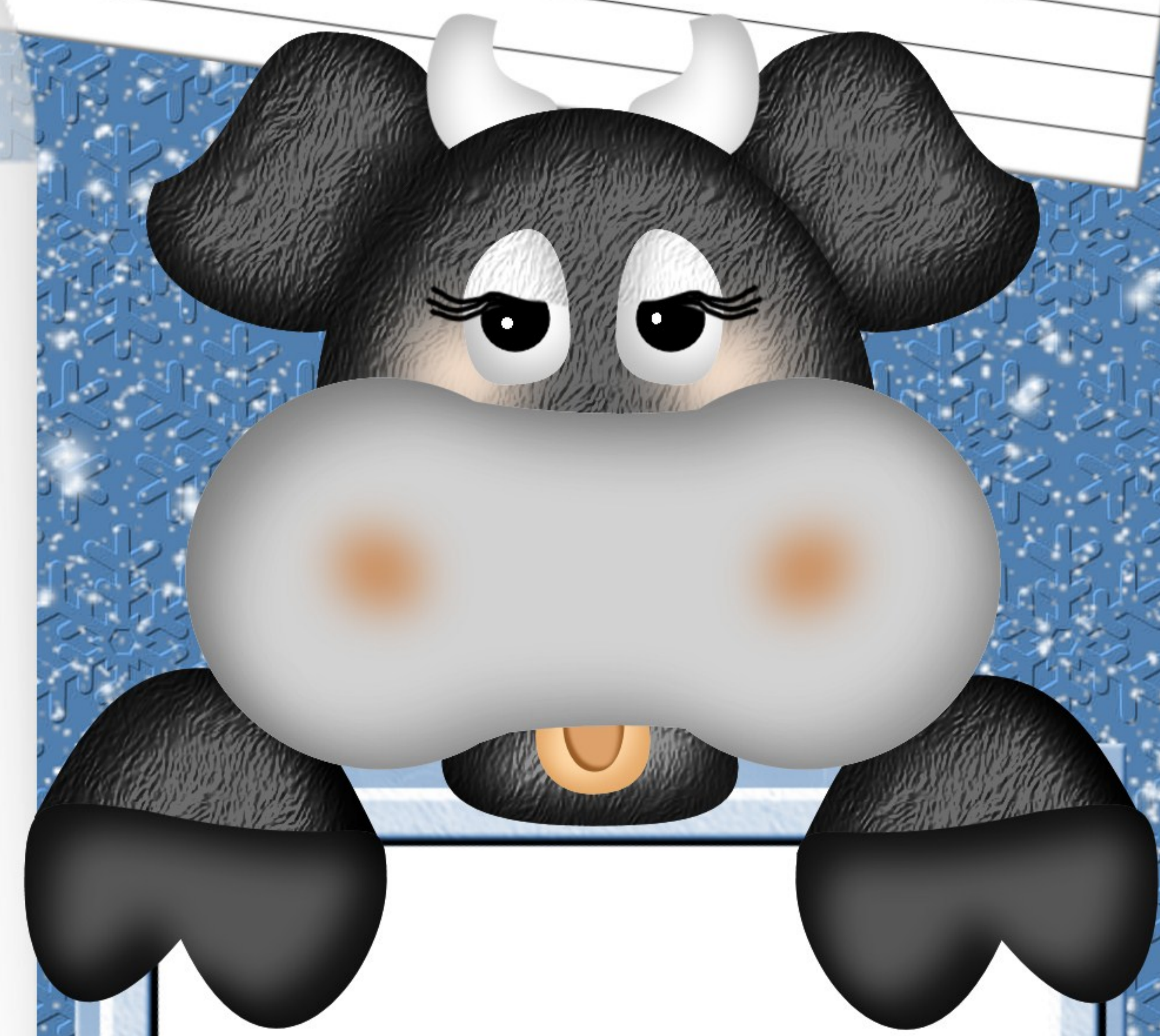


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Spice Company

Cinnamon

Net Wt 1.5 oz

42 g