



**FRUIT
COCKTAIL**

Over The Rainbow Frozen Fruit Cups

**20 ounce can crushed pineapple in juice
20 ounce can pineapple chunks in juice
16 ounce package frozen strawberries
15 ounce package frozen raspberries
12 ounce package frozen blueberries
20 ounce can fruit cocktail in juice
12 ounce frozen orange juice concentrate
12 ounce frozen lemonade concentrate
6 cubed bananas**

Thaw frozen fruit and concentrated fruit juices. When thawed, put in a large mixing bowl. Add all other canned fruits, including their juices. Toss in bananas and freeze in aluminum foil lined muffin tins or in individual cups. To serve: Place frozen dessert in cups (if you froze them in the muffin tins) and let thaw 30-40 minutes before serving.

