

Hawaiians
Best



Brown
Sugar



Oven Baked Chicken

1/2 cup crushed corn flakes

2 teaspoons flour

1 teaspoon salt

1/4 teaspoon paprika

1/4 teaspoon brown sugar

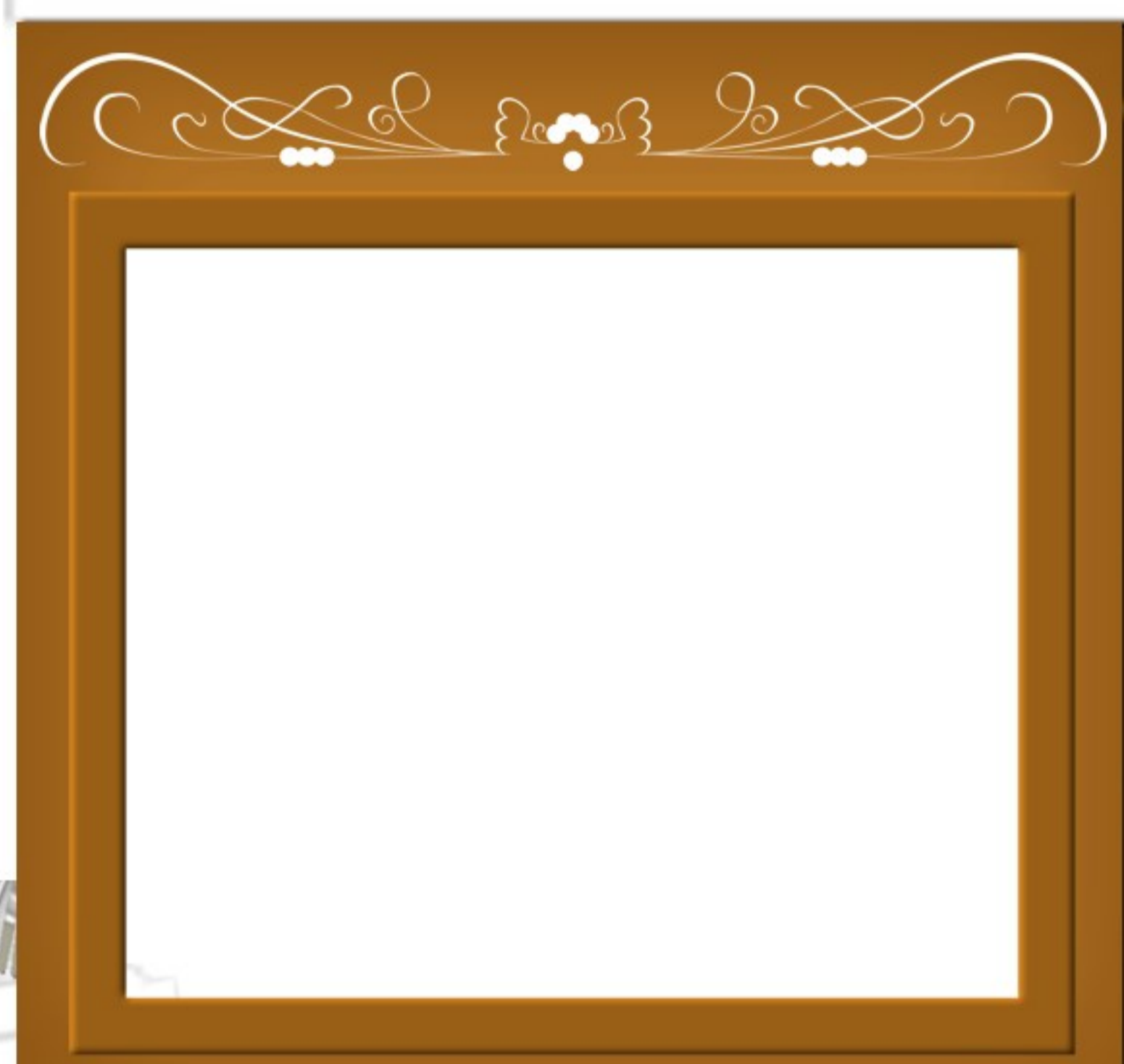
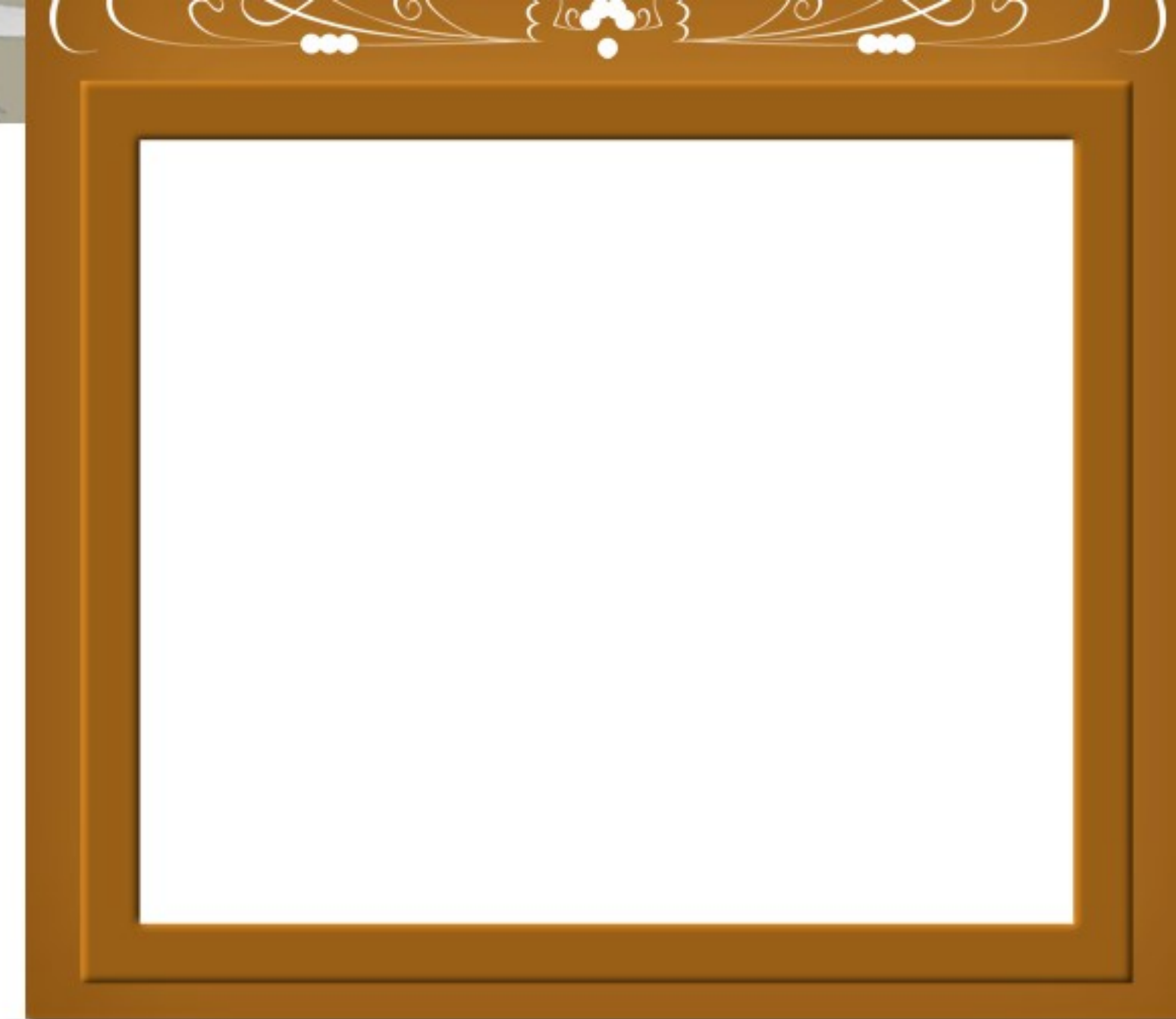
1/4 teaspoon garlic powder

1/4 teaspoon onion powder

4 slightly moist boneless chicken breasts



Preheat oven to 400. Combine all ingredients except chicken in large zippy bag and shake to mix well. Add 2 chicken breasts at a time to bag and shake until well coated. Throw zippy bag and remaining spices away. Bake in 400 F oven on foil lined cookie sheet 20 minutes until done.



Exotic Spice Company

ONION
POWDER

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GARLIC
POWDER

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PAPRIKA