





## Rainbow Gold Parfaits

Yellow, Red, Blue and Green yogurt  
4 parfait glasses  
Colored sprinkles

Place layers of colored yogurt into tall parfait glasses.  
Begin by placing a layer of yellow yogurt into each  
parfait glass, and then a layer of red yogurt, followed  
by a layer of blue yogurt and finally a layer of green  
yogurt. When glasses are layered, put into the fridge  
for about 20 minutes to let the yogurt get really cold  
again. Serve with colored sprinkles on top.

